

Pracownia Sportu i Rekreacji 2018/2019

| | poniedziałek | wtorek | środa | czwartek | piątek | sobota |
|---|---|--|--|---|---|--|
| Iwona Magdalena Witkowska Kierownik pracowni s. 462,455,465,366 Tel. 506 435 828 TENIS STOŁOWY mwitkowska@pm.waw.pl | 15.45-19.45 16.30-18.00 I 18.05-19.35 IV | 16.05-20.05 16.55-18.25 II 18.30-20.00 III | 16.00-20.00 16.00-18.00 org 18.30-20.00 IV | 15.55-19.55 16.35-17.20 I 17.25-18.10 II 18.15-19.45 III | 17.40-19.40 18.00-19.30 IV | ----- |
| Patryk Turek s.455 TENIS STOŁOWY pturek@pm.waw.pl | ----- | 14:15-17:15 14:30-15:15 V 15:20-16:50 VII | 14:15-19:15 14:30-15:15 VI 15:20-16:50 VII 16:55-18:25 IX | 14:45-16:45 15:00-16:30 VIII | 14:15-18:15 14:45-15:30 V 15:35-16:20 VI 16:25-17:55 IX | 9:15-13:15 09:30 – 11:00 VIII 11:05 – 12:35 IX |
| Sebastian Koziejowski s.366 SZERMIERKA skoziejowski@pm.waw.pl | ----- | 14.00-19.00 14.30-15.15 I 15.20-16.50 III 16.55-18.25 V | 17.55-20.55 18.00-18.45 II 18.50-20.20 IV | 17.55-20.55 18.00-18.45 I 18.50-20.20 V | 14.00-18.00 14.30-15.15 II 15.20-16.05 III 16.10-17.40 V | 8.00-11.00 08.40-10.10 IV 10.15-11.00 III |
| Beata Wasilczuk s.366 SZERMIERKA | ----- | 14.15-18.45 | 17.45-20.45 | 17.45-20.45 | 14.50-17.20 | ----- |
| Adam Zawiasa s. 366 GRY ZESPOŁOWE azawiasa@pm.waw.pl | 14.00-21.00 14.30-15.15 I 15.20-16.50 II 16.55-18.25 III 18.30-20.00 IV | 18.05-20.05 18.30-20.00 V | 14.30-18.30 14.50-16.20 II 16.25-17.55 IV | 14.30-17.30 15.00-15.45 I 15.50-17.20 III | 17.30-19.30 17.45-19.15 V | ----- |

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|--|--|--|---|---|--|-------|
| Sławomir Maciejewski s.455, 465 KULTURYSTYKA smaciejewski@pm.waw.pl | 17.00-20.00 17.00-18.30 I 18.35-19.20 II | 17.00-20.00 17.00-17.45 I 17.50-19.20 III | ----- | 17.00-20.00 17.00-18.30 II 18.35-19.20 III | ----- | ----- |
| | | | | | | |
| Aleksandra Włodarczyk s. 462, 465 FITNESS awlodarczyk@pm.waw.pl | 16.35-20.35 16.50-18.20 II 18.30-20.00 IV | 16:45 – 19:45 16:45-18:15 III 19:00-19:45 V | 14:45 – 19:45 15:30-17:00 I 17.05-17.50 V 17:55-18:40 III 18:45-19:30 IV | | 15.45-19.45 16:20-17:05 I 17:10-17:55 II 18:00-19:30 V | ----- |